



# NLFI Health Clinic and Rehabilitation Center

## Health package 1

Includes: Accommodation for one night with full board, access to the pool area, gym, relaxation room and library.

**Price pr.pers – single room kr.14.200 – minimum 3 nights**

**Price pr.pers – double room kr.11.500 – minimum 3 nights**



## Health package 2

Includes: Health stay, additional to Health package 1: Walk weekdays in a group with a trainer and treatment according to your choice of either part body massage, mud bath or herbal bath.

**Price pr.pers – single room kr.19.400 – minimum 3 nights**

**Price pr.pers – double room kr.16.500 – minimum 3 nights**



## Health week – 5 days

Includes: Accommodation from Sunday-Friday, full board, access to the pool area, gym, relaxation room and library and walk weekdays in a group with a trainer. 4 treatment according to your choice of either part body massage, mud bath or herbal bath (monday-friday)

**Price pr.pers – single room kr.85.600**

**Price pr.pers – double room kr.73.000**

## Health week – 7 days

Includes: Accommodation one week, full board, access to the pool area, gym, relaxation room and library and walk weekdays in a group with a trainer. 4 treatment according to your choice of either part body massage, mud bath or herbal bath (monday-friday)

**Price pr.pers – single room kr.109.400**

**Price pr.pers – double room or apartment kr. 93.400**



## Health week – 14 days

Includes: Accommodation one week, full board, access to the pool area, gym, relaxation room and library and walk weekdays in a group with a trainer. 4 treatment according to your choice of either part body massage, mud bath or herbal bath (monday-friday)

**Price pr.pers – single room kr. 207.700**

**Price pr.pers – double room or apartment kr.177.400**



## Medical Rehabilitation – All included 14 days+

The clinic offers specialized rehabilitation programs that provides guests with different types of treatment and schedules tailored to individual needs. The main goal is to make sure that the stay at the Clinic and the treatments provided results in maximum health benefits and optimum functional results.

Further information on [www.nlfi.is/en](http://www.nlfi.is/en)

**Price pr.pers – single room kr. 26.900,- pr.day**

**Price pr.pers – double room kr. 26.900,- pr.day**

**SPA-Apartment** - Luxury apartment with 1 bedroom, Kitchen, Living room w/sleeping sofa, TV, Internet and computer, wc/shower. Incl. Access to Bathhouse, Swimming pools, Sauna, Hot tubs, and Gym. **Price pr. day kr.23.000 – min.3 nights**

**VIATOR - BOOKING** - Luxury apartment with 1 bedroom, Kitchen, Living room w/sleeping sofa, TV, Internet and computer, wc/shower. Incl. Access to Bathhouse, Swimming pools, Sauna, Hot tubs, and Gym.

**1.WEEK € 949**

**4.DAYS € 633**

**3.DAYS € 474**